



2014 ISAF Development Symposium

Cape Town, South Africa



MNA Development Initiatives: Singapore Sailing Federation

Vision:

- **SINGAPOREANS taking to sailing as a national sport.**
- **Sailing for recreation on home waters and across the seas,**
- **Competing with the world's best,**
- **Winning for Singapore,**

MNA Development Initiatives – Singapore Sailing

History:

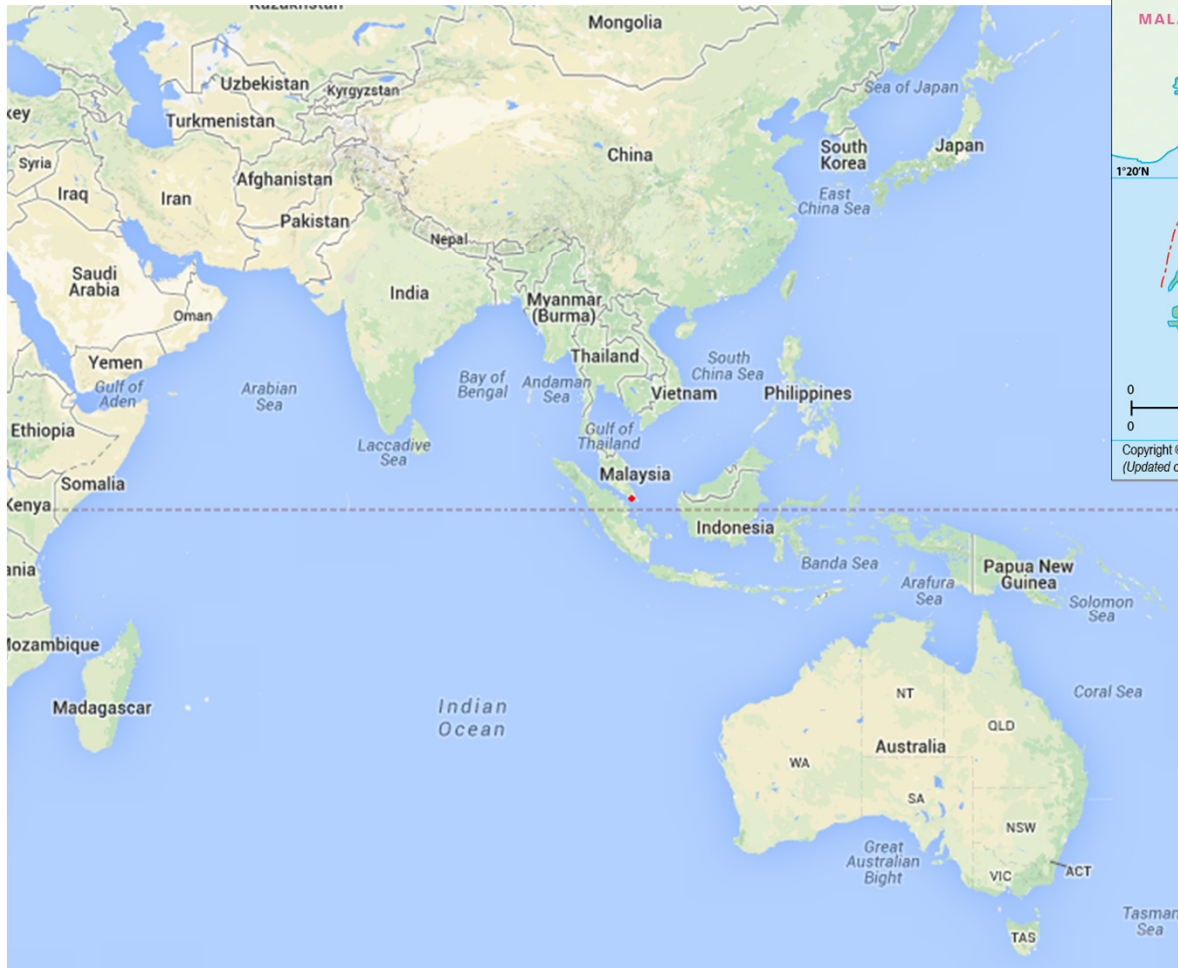
1826 – Singapore Yacht Club

1922 – His Royal Highness the Prince of Wales (later King Edward VIII) became the Patron of the Club, which changed its name to the Royal Singapore Yacht Club



MNA Development Initiatives – Singapore Sailing

Where are we?



Learn To Sail

Optimist Sailing Scheme



Youth

A Taste Of Sailing (SailFun)
One or Two sessions to experience sailing

Level 1 – Beginning Sailing
Ability to sail under supervision in up to 12
Knots of wind (8 to 10 sessions)

Level 2 – Learn the Basics
Ability to sail in light winds without
supervision (8 to 10 sessions)

Level 3 - Learn Advanced Skills (4 modules)
Start Racing/Using Spins & Trapeze/
Independent Sailor/Multi-hulls

Level 4 – Improve Performance
(2 Modules)
Advance Racer/Adventurous Sailor



Learn To Sail

Adults – Keelboat/Yacht

Level 1 – A taste of Sailing
Experience sailing a keelboat/yacht
(2 to 3 days)



Level 2 – Competent Crew
Basic seamanship & helmsmanship and
navigation (5 to 7 days)



Level 3 - Day Skipper
Ability to skipper a small yacht in familiar
waters by day (5 to 7 days)



Level 4 – Racing Skipper
Learn to skipper a yacht in a race (3 to 4
days)

Dinghy/Multi-hull

A Taste Of Sailing (SailFun)
One or Two sessions to experience sailing



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Level 2 – Learn the Basics
Ability to sail in light winds without
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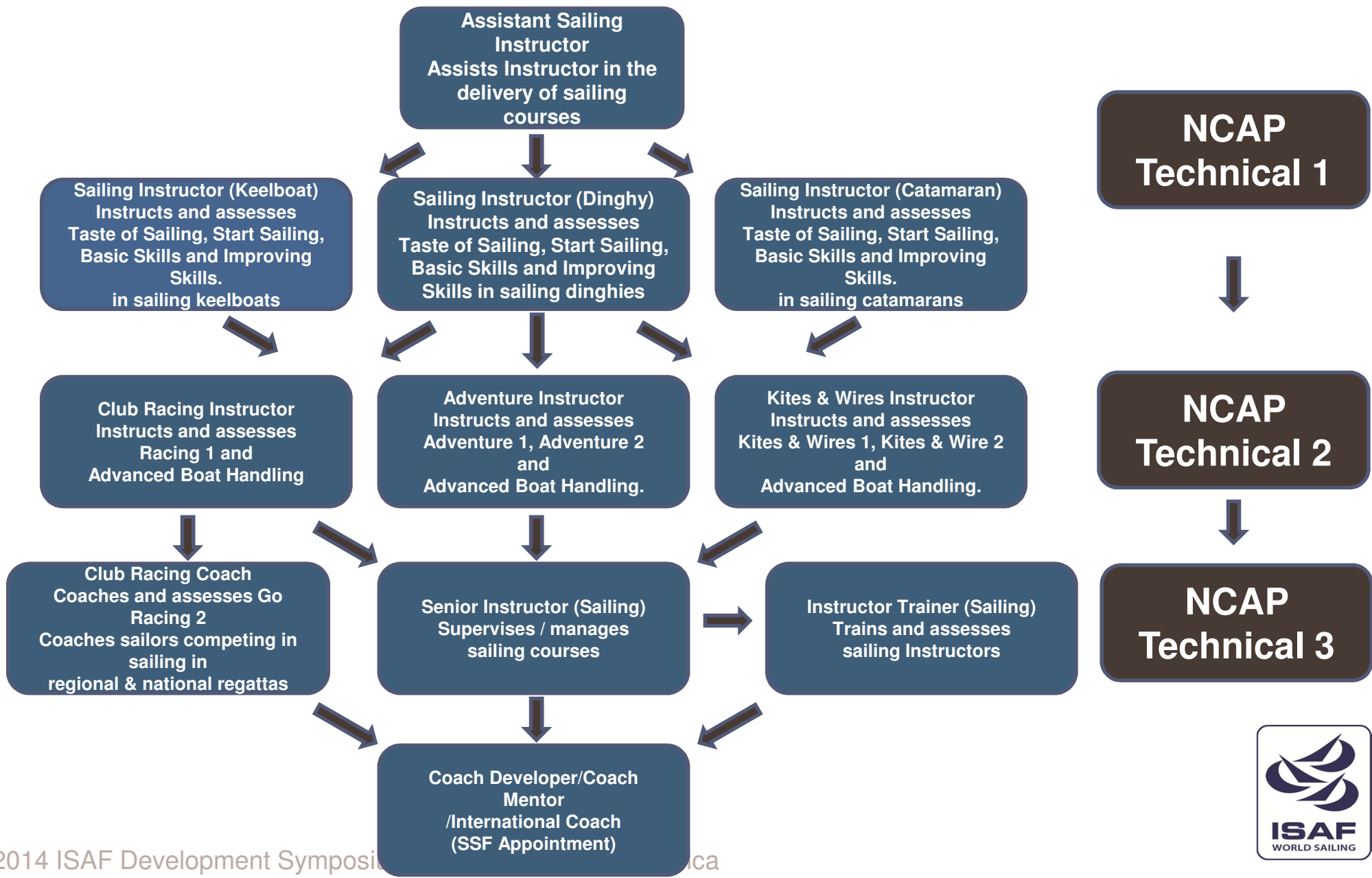


Level 3 - Learn Advanced Skills 4 modules)
Start Racing/Using Spins & Trapeze/
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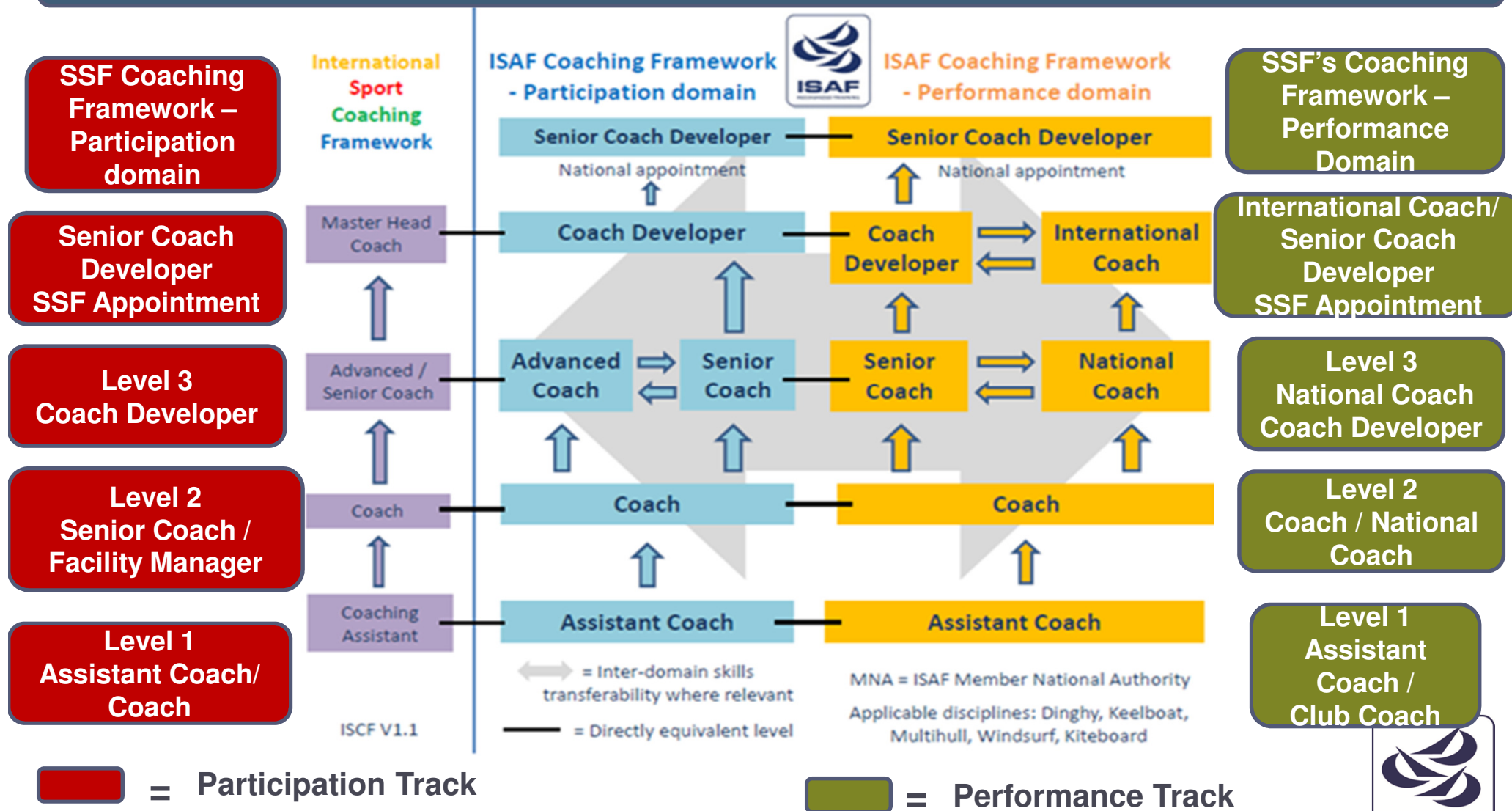
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(2 Modules)
Advance Racer/Adventurous Sailor

Singapore Sailing – National Coaching Framework



Singapore - National Coaching Accreditation Programme

Technical – Singapore Sailing Federation : Theory – Singapore Sports Council



Singapore Sailing - ISAF Recognised Training

How To get there?

Step 1. 2013 – Hosted ISAF Level 2 Technical Course for Coaches

Step 2. 2013 – Attended ISAF Sports Specific Training Scholarship (8 weeks)

Step 3. March 2014 – Hosted ISAF Level 3 Technical Course for Coaches

Step 4. 2014 – Internal Audit of Facilities, Programmes, etc

Step 5. 2014 – Apply for ISAF Recognised Training Status



**Thank you.....
Questions?**

